

Dr. Joseph N. Jaime, DC, DACBSP[®], ATC, CSCS[®], FRC^{®ms}

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 @DrJoejaime

 DrJoejaime

Objective

Serving to Impact Lives. Mentoring to Move Forward. Existing to Spread Hope.

Education and Certifications

Integrated Kinetic Neurology (IKN) – IKN Approach Level 1 Online
(January 2021)

Integrated Kinetic Neurology (IKN) – Vestibular System: Assessment & Loading for Movement Practitioners
(August 2020)

Integrated Kinetic Neurology (IKN) – IKN Performance Online
(August 2020)

Gray Institute – Functional Soft Tissue Transformation (FSTT) Specialization Online
(April 2020)

RockTape – Functional Movement Techniques (FMT) Movement Specialist/Advanced Certification
(February 2020)

Functional Range Assessment[®] (FRA[®]) Certification
(September 2019)

Active Release Technique (ART) – Active Diagnosis Certification
(September 2019)

Functional Range Conditioning[®] Mobility Specialist (FRC^{®ms}) Certification
(February 2019)

RockTape – Functional Movement Techniques (FMT) RockPods & RockFloss Certification
(September 2018)

Active Release Technique (ART) – Full Body Level II Certification
(May 2018)

Diplomate American Chiropractic Board of Sports Physicians ®(DACBSP®)
(April 2018) [Certification #: 393](#)

Certified Chiropractic Sports Practitioner ®(CCSP®)
(November 2016) [Certification #: 5727](#)

RockTape – Functional Movement Techniques (FMT) RockBlades Certification
(July 2016)

Functional Movement Screens (FMS) I/II Certification
(August 2015)

RockTape – Performance Movement Technique (PMT) Certification
(March 2015)

Selective Functional Movement Assessment (SFMA) II Certification
(August 2014)

RockTape – Functional Movement Taping (FMT) I/II Certification
(February 2014)

Selective Functional Movement Assessment (SFMA) I Certification
(February 2014)

Active Release Technique (ART) – Active Palpation & SFMA Course Certification
(March 2013)

Active Release Technique (ART) – Master’s Course Certification
(May 2012)

Active Release Technique (ART) – Biomechanics Course Certification
(March 2012)

Active Release Technique (ART) – Nerve Entrapment Course Certification
(May 2011)

Active Release Technique (ART) – Full Body Level I Certification
(December 2010)

Corrective Exercise Specialist (CES) Certification
(August 2009)

Doctor of Chiropractic (DC) Degree, Magna Cum Laude: Southern California University of Health Sciences
(Dec 2007) [License #: 30857](#)

Athletic Trainer Certified (ATC): National Athletic Trainers Association, Board of Certification, Inc.
(Jul 2002) [Certification #: 070202146](#)

Certified Strength and Conditioning Specialist (CSCS): National Strength and Conditioning Association
(May 2002) [Certification #: 200217619](#)

Skills

Chiropractic Techniques including:

- Diversified
- Activator Method
- Cox Flexion-Distraction Traction
- Thompson Drop Table
- Sacro-Occipital Technique (SOT)

Manual Therapies including:

- Active Release Technique (ART)
- Functional Soft Tissue Transformation (FSTT)
- Positional Release Therapy (PRT)
- Instrument Assisted Neurosensory Modulation (IANSM)
- Instrument Assisted Soft Tissue Mobilization (IASTM)
- Myofascial Decompression/Cupping
- Spinal & Extremity Adjustments/Mobilizations
- Mulligan Mobilizations with Movement

Taping Techniques including:

- Kinesiology Tape
- Athletic Training Tape

Rehabilitation/Exercise Outlook including:

- 4x4 Matrix
- IKN Approach

Movement/Postural Analysis including:

- Selective Functional Movement Assessment (SFMA)
- Functional Movement Screens (FMS)
- Corrective Exercise Specialist (CES)
- Functional Range Systems® (FRS®)
- Postural Restoration Institute (PRI)
- Regional Interdependence Model
- Fascial Lines/Anatomy Trains

Physical Therapy, Athletic Training, and Strength & Conditioning Experiences

Corporate Wellness Techniques and Practices

Experiences

Team Chiropractor - Agua Caliente Clippers (Ontario, CA)
(October 2018 – Present)

ART Elite Provider Network Provider, Smithfield Foods DBA Farmer John (Vernon, CA)
(January 2018 - Present)

Co-Owner/Doctor of Chiropractic, Podium Sports Performance (Upland, CA)
(January 2017 – Present)

ART Elite Provider Network Provider, Ormco, Inc. (Glendora, Pomona, & San Dimas, CA)
(May 2016 - Present)

ART Elite Provider Network Provider, ACCO Brands, Inc. (Ontario, CA)
(June 2014 – Present)

On-site Athlete Services - USA Judo Junior National Championships (Anaheim, CA)
(June 2019)

Team Chiropractor - Ontario Reign (Ontario, CA)*
(2017 – 2018 Season)

On-Site Chiropractic Services, Eastvale Athletics (Eastvale, CA)
(July - Dec 2017)

On-Site Athlete/Chiropractic Services, Gymnastics State Championships Level 6-10 (Ontario, CA)
(March 2017)

ART Corporate Solutions Demonstration Team, Gallagher Brokerage Meeting (Las Vegas, CA)
(February 2016)

On-Site Athlete/Chiropractic Services, Fun in the Sun Gliders Gymnastics Invitational (Ontario, CA)
(February 2016 - 2017)

ART Corporate Solutions Demonstration Team, National Safety Council Expo (Anaheim, CA)
(October 2016)

On-Site Chiropractic Services, Charter Oak Gymnastics (Covina, CA)
(October 2015 – 2019)

Private Appointment Chiropractic Services, Various Locations (CA)
(January 2015 – 2017)

ART Elite Provider Network Provider, ConAgra, Inc. (Azusa, CA)
(June 2014 – March 2017)

Fitness Trainer, Sysco Los Angeles, Inc. (Walnut, CA)
(April 2013 – 2019)

Doctor of Chiropractic, Sullivan Chiropractic (West Covina, CA)
(July 2008 – August 2016)

Speaking Engagements

AT Corner Podcast Guest Speaker – “A Look Into The Evaluation Process”
(February 2021)

Cypress College Athletic Training Guest Speaker – “Global Assessment”
(October 2020)

Azusa Pacific University (APU) Guest Speaker for Foundations in Kinesiology Class, Azusa Pacific University
(February 2020)

APU Guest Speaker for Current Concepts in Advanced Athletic Training Class, Azusa Pacific University
(February 2010 - 2016)

Workshop Weekend at Mt. San Antonio College, Host
(December 2013)

Southern California Road Runner of Walnut Guest Speaker, Cameron Park
(August 2012)

24 Hour Fitness Guest Speaker, Glendora
(May and October 2011)

Guest Speaker for the Athletic Training Staff, Mt. SAC
(May 2010 - 2011)

CSF Guest Speaker for the Athletic Training Staff, California State University, Fullerton
(April 2010)

Workshop Wednesday at Sullivan Chiropractic/Mt. SAC, Host/Presenter
(January 2009 - 2013)

Conferences

Hawaii Concussion Awareness Management Program - Concussion Summit 2020
(June 2020)

Postural Restoration Institute - Impingement & Instability (Online - Live Stream)
(June 2020)

CalChiro's Winter in the Desert Seminar
(January 2020)

Functional Soft Tissue Transformation
(August 2019)

Positional Release Therapy: Lower Quarter
(August 2019)

Mulligan Manual Therapy Concepts: Lower Quarter
(June 2019)

Positional Release Therapy: Spine & Pelvis
(April 2019)

PRE-Habilitation For Everyone
(April 2019)

Mulligan Manual Therapy Concepts: Upper Quarter
(January 2019)

American Chiropractic Board of Sports Physicians (ACBSP) – Chiropractic Sports Sciences Symposium
(April 2018)

American College of Sports Medicine - Team Physician Course
(February 2017)

Postural Restoration Institute - Postural Respiration
(October 2016)

Musculoskeletal Pain Syndromes: Janda's Approach
(September 2016)

Postural Restoration Institute – Myokinematic Restoration
(June 2016)

Dynamic Neuromuscular Stabilization (DNS) - Exercise Course I
(January 2016)

Perform Better: 3-Day Functional Summit
(August 2014)

Certified Chiropractic Extremity Practitioner (CCEP) – TMJ, Ribs, Shoulder Girdle Seminar
(June 2013)

Marina Spine Center Conference
(June 2009 and 2011, 2013)

Southern California University of Health Sciences Extravaganza/Seminar
(July 2010)

Functional and Kinetic Treatment with Rehabilitation, Provocation, and Motion (FAKTR-PM) Seminar
(January 2010)

Professional Affiliations (Present & Past)

American College of Sports Medicine (ACSM) Member

Southern California University of Health Sciences (SCUHS) Student Alumni Association Member

American Chiropractic Association (ACA) Member

National Strength and Conditioning Association (NSCA) Member

National Athletic Trainers' Association (NATA) Member

Community Services

Warrior Affiliate League (Chino, CA) - Athlete Services
(January 2015 – 2018)

CrossFit Descendants (Chino, CA) – Athlete Services
(March 2016)

Team Doctor - Varsity Football Team, West Covina High School
(Sept 2010 – 2014)

CrossFit Regionals Southern California – RockTape Treatment Team
(May 2014)

National Professional Fitness League (NPFL) Athlete Services - Los Angeles Combines
(April 2014)

Ironman 70.3 Oceanside, ART Treatment Team
(March 2012, 2014)

Bryan Clay Fit4 Fall 5K/10K Running Event
(November 2011-2016)

Varsity Football "Fill-In" Team Doctor, South Hills High School
(Fall 2011)

Publications

The Relationship of Whiplash and Temporomandibular Disorders, A Literature Review, The Journal of Chiropractic Medicine. (December 2009)

Interests

The Holy Bible

Family

The Wheel of Life

The Success of Those I Work With



References Available Upon Request